"Your way of acting should be different from the world's way; the love of Christ must come before all else."

Rule of Benedict 4:21–22



For More Information Contact:

Benedictine Sisters of Florida

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Benedictine Sisters of Florida

Holy Name Monastery Founded 1889

Share in our spiritual journey as an Oblate.... The Lay Program for Women and Men who hunger for God.



That in all things God may be glorified!

Touching Lives through Prayer and Service

Who is Welcome?

The Oblate Program at Holy Name Monastery is open to Christian women and men, 18 years of age or older from all walks of life, who wish to seek God in a deepened faith life. Under the guidance of the *Rule of Saint Benedict*, Oblates share in the spiritual life, prayers and good works of the community.



Why Become a Benedictine Oblate?

While the *Rule* is a code of life for all, its practical application can be embraced more fully through an Oblate program. One becomes an Oblate to bond and grow with a particular monastic community and to share in their rich

Benedictine spirituality. An oblation or offering of oneself is made to God in a life guided by the *Rule of St.*



Benedict and God's love.

Benedictine Oblates of Holy Name Monastery

The Benedictine Sisters of Florida Oblate Program has flourished since 1980. We strive through prayer, reflection and fellowship to bring depth and inspiration as we share our rich Benedictine spirituality. Be a part of our world if you hunger for:

- ♦ God
- ♦ Community
- ♦ A Balanced Life of Prayer and Work
- ◆ Peace
- ♦ Hospitality
- ♦ Knowledge

The connection to God, the Sisters and one another is engendered as our Oblates come together in prayer, experiential learning, sharing and reflection. The entire process and associated experiences support Oblates in their lives with family and friends as well as in their work. The emphasis is not on acquiring a new set of religious practices, but rather on offering one's self to the service of God, the Church and humankind.

Oblates strive in their lives and in their individual circumstances to be guided by the principles of the *Rule* as well as Benedict's precept to seek God and to "prefer nothing to the love of Christ."

"The love of the Sisters warms my heart. Being a part of the Oblate Program at Holy Name has been a lifeline for me and connected me to the life of prayer."

Oblate Diana Crowder



Oblate Meetings

Our Oblate Sunday meetings are held on the 4th Sundays of January, March, May, September and November.

The schedule for each meeting is:

- ◆ 10:30 am Liturgy of the Hours and Eucharist
- ♦ 12:00 pm Dinner with the Sisters
- 1:00-3:00 pm Meeting includes instruction and discussion

Once you have had experience with our program and decide you want to become an Oblate, you are welcome to submit a written request to become an Oblate candidate and we will discuss the guidelines and process.

To learn more and/or schedule a visit, contact us at:

- (352) 588-8320 or
- ♦ Email at vocation@saintleo.edu